Claims

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- 1. A health bedding comprising:
- a talc-containing padding layer 10 made of talc-containing polyester fibers;
- a magma stone-containing padding layer 20 made of magma stone-containing polyester fibers;
 - a chitosan-containing padding layer 30 made of chitosan-coated natural fibers;
- an inner sheath 40 made of knitted or woven fabrics and 10 wrapping the talc-containing padding layer, the magma stone-containing padding layer and the chitosan-containing padding layer; and

an outer sheath 50 made of knitted or woven fabrics for wrapping the inner sheath 40,

- wherein the chitosan-, talc- and magma stone-containing padding layers are stacked on one another.
 - 2. A health bedding in accordance with claim 1, further comprising an attachment 60 fixedly attached to the inner sheath 40, the attachment 60 being formed of one selected from a group including jade, ceramics and magnet or molded out of plastic containing at least one selected from the group.
- 3. A health bedding in accordance with claim 2, wherein the attachment 60 is attached to the inner sheath 40 by sewing a portion of a fixing cloth 62 around the attachment 60 or via

a fixture 64.

- 4. A health bedding comprising:
- a talc-containing padding layer 110 made of
 5 talc-containing polyester fibers;
 - a magma stone-containing padding layer 120 made of magma stone-containing polyester fibers;
 - a chitosan-treated knitted/woven fabric layer 170 which is at least surface treated with chitosan;
- a sheath 150 made of knitted or woven fabrics for wrapping the talc-containing padding layer 110, the magma stone-containing padding layer 120 and the chitosan-treated knitted/woven fabric layer 170; and
- an attachment 160 fixedly attached to the 5 chitosan-treated knitted/woven fabric layer 170, the attachment 160 being formed of one selected from a group including jade, ceramics and magnet or molded out of plastic containing at least one selected from the group.
- 5. A health bedding in accordance with claim 4, wherein the chitosan-treated knitted/woven fabric layer 170 is interposed between the talc-containing padding layer 110 and the magma stone-containing padding layer 120.
- 6. A health bedding in accordance with claim 4, wherein the chitosan-treated knitted/woven fabric layer 170 is made

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of cotton fabrics.

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- 7. A health bedding in accordance with claim 4, wherein the attachment 160 is attached to the chitosan-treated knitted/woven fabric layer 170 by sewing a portion of a fixing cloth 162 around the attachment 160 or via a fixture 164.
 - 8. A health bedding comprising:
- a talc-containing padding layer 210 made of 10 talc-containing polyester fibers;
 - a magma stone-containing padding layer 220 made of magma stone-containing polyester fibers;
 - a first sheath 250 made of knitted or woven fabrics for wrapping the talc-containing padding layer 210 and the magma stone-containing padding layer 220;

wherein at least one of the padding layers 210 and 220 is applied with liquid bio-ceramics at the surface thereof.

- 9. A health bedding in accordance with claim 8, further 20 comprising:
 - a second sheath 240 arranged within the first sheath 250 for wrapping the talc- and magma stone-containing padding layers 210 and 220, the second sheath 240 being made of knitted or woven fabrics; and
- an attachment 260 fixedly attached to the second sheath 240, the attachment 260 being formed of one selected from a

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group including jade, ceramics and magnet or molded out of plastic containing at least one selected from the group.

- 10. A health bedding in accordance with claim 9, further comprising a chitosan-containing padding layer 230 made of natural fabrics coated with chitosan, wherein the chitosan-containing padding layer 230 is wrapped in the second sheath.
- 10 11. A health bedding in accordance with claim 8, further comprising:

a knitted/woven fabric layer 270 which is at least surface treated with chitosan; and

an attachment 260 fixedly attached to the knitted/woven

15 fabric layer 270, the attachment 260 being formed of one
selected from a group including jade, ceramics and magnet or
molded out of plastic containing at least one selected from
the group.

- 12. A health bedding in accordance with claim 11, wherein the chitosan-treated knitted/woven layer 270 is interposed between the talc-containing padding layer 210 and the magma stone-containing padding layer 220.
- 25 13. A health bedding in accordance with claim 11, wherein the chitosan-treated knitted/woven fabric layer 270 is made

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of cotton fabrics.

14. A health bedding in accordance with claim 9 or 11, wherein the attachment 260 is attached to the second sheath 240 or the chitosan-treated knitted/woven fabric layer 270 by sewing a portion of a fixing cloth 262 around the attachment 260 or via a fixture 264.